



Suite 112, 7071 Bayers Road, Halifax, Nova Scotia B3L 2C2  
Nova Scotia Co-operative Association Act; Registry Number 3102658

## Membership Agreement

I understand that the *Healthy Minds Cooperative* is a grassroots not-for-profit organization whose mandate is to address vital matters identified by those who have living experience with mental health issues/concerns, and/or brain disorders.

I also understand that identified priorities of the *Healthy Minds Cooperative* are:

1. Better access to mental health services, supports, etc.;
2. Public education regarding mental illness and brain disorders;
3. More extensive participation of those with living experience in the design, development, delivery, and evaluation of mental health services;
4. Providing peer support and advocacy services for end-users of mental health services and their families; and
5. Developing better connections to existing community services.

I understand that a one-time, one (1) share subscription of \$5.00 entitles me to membership in the *Healthy Minds Cooperative*, the right to vote at any general and/or annual meeting of the *Healthy Minds Cooperative*, and to be eligible to be elected to the Board of Directors.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Interests: \_\_\_\_\_

## **MEMBERSHIP GUIDELINES**

### **Preamble**

The *Healthy Minds Cooperative* values self-help, self-responsibility, democracy, equality, equity, and solidarity, and upholds the ethical values of honesty, openness, social responsibility, and caring for others. To put its values into practice, the *Healthy Minds Cooperative* is guided by seven principles adopted by the international cooperative community: (1) voluntary and open membership; (2) democratic member control; (3) member economic participation; (4) autonomy and independence; (5) education, training, and information; (6) cooperation among cooperatives; and (7) concern for community.

### **Eligibility**

Membership in the *Healthy Minds Cooperative* is voluntary and open to all persons willing to accept the responsibilities of membership. Any resident of the Capital Health District having living experience with mental health issues, and/or an interest in the topic of mental health, is eligible to become a member. A membership agreement must be filled out and approved by the membership committee, and a share purchased at a cost of \$5.00.

### **Rights**

Members have full voting rights (one vote per member). Members are eligible to serve in elected office of the *Healthy Minds Cooperative*. Members have the right to receive monthly newsletter information from the *Healthy Minds Cooperative*.

### **Responsibilities**

Members are responsible to attend members' meetings, including the Annual General Meeting, to discuss and vote on issues of importance to the *Healthy Minds Cooperative*. Members are responsible to participate in the *Healthy Minds Cooperative* through volunteer work and assist in the recruitment of new members.

### **Termination of Membership**

Members can give one month's written notice of termination of their membership at any time. Subject to the regulations and the by-laws, a member may be eligible to a refund of the \$5.00 held to his or her credit in share capital.

### **Ways to Lose Your Membership**

Membership can be revoked with cause by a two thirds (2/3) vote by the Board of Directors. "Cause" can include activities such as misrepresentation, falsifying expense claims, etc.