

# Speakers Bureau



If you are interested in educating others about mental health and illness issues through sharing your experiences, join us!



Our group will help you to:

- Build your self-confidence
- Learn in a positive and supportive setting
- Learn effective ways to organize and deliver presentations

**Facilitator:** Cheryl Stevens

**Time:** 1:30 – 3:00pm

**Where:** **Healthy Minds Cooperative**  
The Village at Bayers Road  
7071 Bayers Road, suite 112  
Room 113 (Harmony Room)

**Dates:**

February	March	April	May	June
10th	10th	14th	12th	3rd
24th	24th	28th	26th	

**New Members Welcome!**

For more information please contact Healthy Minds Cooperative at 404-3504